

FIRST AID QUALIFICATIONS

For those working through any of the award schemes first aid is an essential skill and a first aid qualification is required. The minimum requirement is that the course you choose must involve at least two full days or sixteen hours of instruction and include an element of assessment. Candidates are further expected to undertake such additional elements of first aid training as are consistent with their work in wild and remote country, including emergency assistance and evacuation techniques. It is the responsibility of award holders and/or their employers to evaluate their likely work and the type of situations that they can reasonably expect to encounter and to maintain current appropriate first aid qualifications.

(With reference to the above it can be assumed that a “Wilderness and Remote First Aid” qualification would be more appropriate to Mountain Bike Coach/Leaders than a “First Aid at Work” qualification).

NOTE: For Level One ONLY the minimum requirement is that the course you choose should consist of eight hours of instruction, should include an element of assessment and should cover basic life support and emergency aid.

SERVICES QUALIFICATIONS

The military services first aid awards such as MATTS are owned administered and awarded by the military and little known in the public sector, Therefore it is the responsibility of the service person holding the award to decide on how appropriate or valid they are for the activity undertaken.

When service personnel are coaching other service personnel they come under military rules and regulations regardless of the civilian or military qualification used.

NOTE:

From the Administrator; Association of British Cycling Coaches ABCC 2/12/2010

“There is no requirement in our Insurance for someone to hold a FAC. What we need to understand is that we don't do things because of insurance - we do things because we want to avoid harm to anyone. Insurance is only there for something unforeseen despite our best endeavours or because we screwed up.

We need coaches to at least start off with some First Aid Training because what we do between an accident and the ambulance arriving can be vital. It is therefore a requirement that new members hold a current FAC, but after initial registration it is up to the member to continue to update the FAC as necessary.

When a coach takes on a coaching role it will be down to them to ensure that all necessary Insurance, FAC, H&S requirements, Risk Assessments, etc, etc are done or are in place not ours.”